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REPORTING FROM
THE HEART OF CASCADIA
WHATCOM * SKAGIT * SURROUNDING AREAS
06.12.2019 • ISSUE: 24 • V.14
A brief overview of this week’s happenings

See what the Little Sisters of Hoboken are up to when the comedy *Nunsense* opens June 14 at the Bellingham Theatre Guild.

**WEDNESDAY [06.12.19]**

**ONSTAGE**

**Bard on the Beach:** Through September, Vanier Park, Vancouver B.C.

**MUSIC**

- Phil Parisot Quartet: 7pm, Sylvia Center
- Classical Around Town: 7:30pm, Jansen Art Center, Lynden

**FOOD**

- Wednesday Market: 2pm-6pm, Barkley Village Green
- Sedro-Woolley Farmers Market: 3pm-7pm, Hammer Heritage Square

**THURSDAY [06.13.19]**

**ONSTAGE**

**Theatre Night:** 6:30pm, Bellingham Theatre Guild
- Good, Bad, Ugly: 7:30pm, Upfront Theatre
- James and the Giant Peach: 7:30pm, Anacortes Community Theatre
- The Project: 9:30pm, Upfront Theatre

**DANCE**

- Folk Dance: 7-9:30pm, Fairhaven Library

**MUSIC**

- The Atlantics: 5pm-9pm, Hotel Bellwether

**WORDS**

- Michael Benanav: 7pm, Village Books

**COMMUNITY**

- Totem Pole Journey Gathering: 6pm, in front of Whatcom Museum’s Old City Hall

**FRIDAY [06.14.19]**

**ONSTAGE**

- *Nunsense*: 7:30pm, Bellingham Theatre Guild
- *James and the Giant Peach*: 7:30pm, Anacortes Community Theatre
- PainProv: 9:30pm, Upfront Theatre

**VISUAL**

- Tibetan Sand Mandala Exhibit: 10am-5pm, Firehouse Arts & Events Center

**FOOD**

- Bow Farmers Market: 1pm-6pm, Samish Bay Cheese

**COMMUNITY**

- Berry Daisy Days: 11am-10:30pm, throughout Burlington

**DANCE**

- Chapters: 6:30pm, Mount Baker Theatre
- Swan Lake: 2pm, McIntyre Hall, Mount Vernon

**MUSIC**

- Clearbrook Fabulous Dixieland Band: 1pm-4pm, Gilkey Square, La Conner

**VISUAL**

- Sharron Antholt Talk: 4pm, i.e. gallery, Edison

**SUNDAY [06.16.19]**

**ONSTAGE**

- *Nunsense*: 7:30pm, Bellingham Theatre Guild
- *James and the Giant Peach*: 7:30pm, Anacortes Community Theatre

**DANCE**

- Chapters: 6:30pm, Mount Baker Theatre
- Swan Lake: 2pm, McIntyre Hall, Mount Vernon

**MUSIC**

- Brother Ray’s Band Benefit: 3pm-10pm, Boundary Bay
- Early Music Festival: 7pm, St. Paul’s Episcopal Church
- Giant’s Causeways: 7:30pm, Jansen Art Center

**COMMUNITY**

- Berry Daisy Days: 9am-3pm, Depot Market Square
- Meet Your Farmer: 2pm-5pm, Twin Sisters Brewing Company

**VISUAL**

- Tibetan Sand Mandala Exhibit: 10am-4pm, Firehouse Arts & Events Center

**FOOD**

- Community Breakfast: 8am-11am, American Legion Post #43, Sedro-Woolley
- Langar: 11am-2pm, Guru Nanak Gursikh Gurdwara, Lynden

**COMMUNITY**

- Father’s Day Car Show: 9am-3pm, BelleWood Acres
- Berry Daisy Days: 10am-3pm, Depot Market Square

**DANCE**

- Chapters: 6:30pm, Mount Baker Theatre

**MONDAY [06.17.19]**

**ONSTAGE**

- Guffawingham: 9pm, Firefly Lounge

**DANCE**

- Chapters: 6:30pm, Mount Baker Theatre

It’ll be a family affair at a *Father’s Day Car Show* happening Sun., June 16 at BelleWood Acres.
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Fans of the Skagit Valley Tulip Festival have Tom DeGoede to thank. The flower-focused farmer and his wife Jeannette started offering small tours and selling their bouquets in the early 1980s, and when the festival started in 1984, the duo behind Tulip Town got on board. Tom, 85, died last week, and Jeannette told the Skagit Valley Herald he went the way he wanted to. “Tom did not want to move off this farm,” she said. “He really got to stay until his last day.”

## Views & News

### Mailbag

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22: Free Will Astrology

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25: Slowpoke, Sudoku

26: Berry blast

## Failure to Launch

On the off chance that someone hasn’t voiced it yet, I propose that the digester tanks/rocket ship sculptures on the former Georgia-Pacific pulp mill site be emblazoned with “B-HAM!” or “BHAMWA.” Just imagine the postcards and Instagram shares for our new waterfront.

—Brenda Beehler, Bellingham

### E Pluribus Unum

I think that this global economy competition is stupid. Does it promote happiness? Does all this high-tech stuff truly satisfy?

Just imagine the postcards and Instagram shares for our new waterfront.

—Brenda Beehler, Bellingham

### The Verdict

Thanks for your report on the Mandy Stavik murder case. I have no doubt at all that Tim Bass killed Mandy Stavik; however, I disagree with the first-degree murder verdict.

As I understand it, first-degree murder required proof of considerable premeditation, which was not shown in this case. To me, the circumstances suggest a crime of passion, done at the spur of the moment, without foresight—proverbially, “done in a fit of rage.”

Had I been on the jury, I could have requested a lesser charge of second-degree murder or manslaughter. Failing that, I would have voted for an acquittal.

—Rick Hannam, Bellingham

### Editor’s Reply

You express a misunderstanding of murder as a consequence of a series of aggravated offenses, and of the instructions to the jury:

Instruction 7: “A person commits the crime of murder in the first degree when he commits or attempts to commit rape in the first or second degree, or kidnapping in the first or second degree, and in the course of or in furtherance of such crime(s) or in immediate flight from such crime(s) he causes the death of a person…”

Instruction 8: “To constitute murder, there must be a causal connection between the criminal conduct of a defendant and the death of a human being, such that the defendant’s act was the proximate cause of the resulting death…”

You say you have “no doubt at all” he killed her, but he need not have actually killed her to be nevertheless held responsible to an aggravated degree for a death that occurred as a consequence of criminal acts.
HONOR WORLD REFUGEE DAY

We believe our communities should welcome refugees.

We urge the Whatcom County Council to pass a resolution that would be a non-binding declaration of support of refugees, regardless of their religion, race, gender identity, sexual orientation or country of origin. More than 200 communities have already stood up for refugees and asylum seekers.

The society we want to live in is one where we take care of people who need safety. Strong communities help people realize their potential, and welcome others who also want to contribute to make society better for all.

The United States should be the world’s leader in welcoming refugees, but our government has abandoned that leadership. They have decided to meet the world’s worst refugee crisis in recorded time with historically low levels of support. If our national and local officials don’t hear our voices in support of refugees, this will only get worse.

Right now, 25.4 million refugees worldwide are seeking a home, and more than half of them are children. Fewer than 1 percent will be resettled each year.

Refugees deserve to be welcomed—not demonized. But in the face of the largest refugee crisis in recorded history, the United States is closing its doors.

The Trump administration capped annual refugee admissions to another historic low of 30,000 refugees this fiscal year, implemented a series of severe restrictions that act as a de facto refugee ban, restricted access to asylum at the southern border for those fleeing violence and persecution, and proposed drastic cuts to funding for refugee programs and humanitarian aid. ICE is currently detaining more than 52,000 people, an all-time high. Families continue to be separated from their children, as people are kept in overcrowded and inhumane detention centers.

Seeking asylum is legal under U.S. law, regardless of where or how people enter. The administration’s efforts to curtail access to protection violates both U.S. and international law.

People have the right to seek asylum where they feel safe. Refugees leave their homes because they have no other choice, and should be treated with compassion.

All countries, including the United States, should protect dignity and fairness, and reject fear and prejudice.

—Colleen Curtis, Bruce Radtke, Jan Dietzgen, Amy Mower, Faline Jett, and Mary Jean Van Almen, Amnesty International Group 270

UNDERSTANDING AN ECOSYSTEM

Something has been bothering me for a long time regarding how we think about and talk about climate change. This is an issue that is of critical importance to our long-term survival. Yet, we fail to understand that this reflects the air quality component of our local ecosystem, tying it into healthy ecosystem functions and the ecosystem benefits this produces which are necessary for our survival.

I see this every day with climate breakdown.

Who speaks about this as an ecosystem issue? Who understands that trees and wetlands and the oceans do a better job of reducing greenhouse gases than any economic plan? Why isn’t restoring our ecosystems, and therefore the biosphere, our first course of action?

That requires us understand that air pollution is not the only problem we face. It is connected to a number of other equally important, pressing ecological issues such as water quality and quantity (flooding and drought), loss of biodiversity (salmon and orcas) and nutrient loading (stormwater runoff).

Adopting an ecosystem perspective requires that we understand and respect the interconnections and synergy within an ecosystem. That did not result by accident. The components within an ecosystem co-evolved over millions of years to achieve balance, strength and resiliency.

Human actions usually degrade and weaken the inherent function, strength and resiliency that nature provides us.

Each of these problems is the result of human failure in respecting ecological limits and safe human boundaries within our local ecosystem. We continue to see these things as unconnected and rely on human technology for solutions. It is less expensive and more effective to simply protect and/or restore ecosystem functions holistically, understanding the sum of the whole is greater than any of its parts.

And let us be honest. Nothing we have been doing is really working. That suggests we are going about things incorrectly.

A good start is to understand and live within the carrying capacity (the ecological limits) of our local ecosystem. Of course, there is more to it than that, but nature points us to the solutions when we are ready to learn.

—Wendy Harris, Whatcom County

SHE WAS SUPPORTED

The Gristle reported that Brett Bonner resigned as vice chair of the Whatcom County Republican Party after Daniella Pentsak came forward with complaints about inappropriate behavior. One small correction: Bonner came to me first. I asked him to resign, he did, then Danielle came to me. I told her Bonner had resigned, and she was satisfied.

She has been offered support throughout.

—Kathy Kershner, Chair Whatcom County Republican Party

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THE GRISTLE

A JOURNEYMAN’S JOURNEY: Watching a good idea fade through bad public process:

Twenty years ago, then-Governor Gary Locke signed an executive order encouraging workforce development to address skilled labor shortages that were hampering the state’s economic development. The order observed that apprenticeship programs were producing less than a third of the state’s labor force requirements, and the state would continue to fall behind in coming years.

In the months following, Locke signed another executive order that created a model for the development of apprenticeship programs in public works projects statewide. Locke’s order required that construction companies that do business with the state must include in their ranks a substantial number of apprentices—an order intended to put more workers into family-wage jobs and supply more trained workers for the industry. For projects paid for with public money, an additional public goal would be achieved through this initiative.

“Without this step,” Locke warned as he signed the order, “we will simply miss the opportunity to move thousands of young people into high-skill and high-wage lifetime careers. Washington is facing a labor shortage in the construction industry,” Locke said. “Skilled workers are retiring at a rapid rate, and we’re not replacing them quickly enough.”

Twenty years on, and Whatcom County is facing a mounting shortage in its journeyman labor force, as skilled workers retire and younger workers find themselves without the required training and hours. Twenty years on, Locke’s initiative fading into memory, and Whatcom County Council is still bickering about what to do about it.

In early May, Council Chair Rud Browne introduced an ordinance that would require public funds used for construction projects do double duty by also providing apprenticeship programs for job training hours to meet the requirements necessary for the next generation of skilled trades. Later that month, the proposal got clawed back in a bitter quarrel over which council committee should hear and discuss the matter.

“Washington’s traditional sources of high-wage, low-skilled work (forests and factories) are declining due to automation and global trade,” Browne asserted in his proposed ordinance. “For there to be an increase in wages, there needs to be both an increase in the use of technology and highly skilled workers. If employers cannot find trained workers in Whatcom County, they will look to other places to locate their business facilities and create jobs.”

The proposal, which would be phased in over a number of years, would require that for construction contracts in excess of $1 million, no less than 10 percent of the labor hours would be performed by apprentices, and in a manner that would assist with their certification. Under the proposal, all contracts for such construction projects would need to provide a plan for an apprenticeship program that is approved or recognized by the Washington State Apprenticeship and Training Council that governs such programs.

The proposal finally came before council’s Committee of the Whole last week, where its vital premises were scissored apart by a council minority that was either opposed to the concept in principle or did not understand its essence—the industry requirements for beneficial industries grew, the world will be better for everyone. America’s industrial policy didn’t necessarily benefit America. Military spending was bloated and wasteful. The NIH didn’t require drug companies using its research to invest in good jobs in America, or to hold down drug prices. Special tax breaks for oil and gas have hastened the climate crisis. The huge, no-strings-attached $700 billion bailout of Wall Street allowed financial executives to prosper even as millions of Americans lost their homes and savings because of Wall Street’s gambling addiction. State and local subsidies to lure companies their way have merely moved jobs from one place to another, and are ignored when a company decides it can do even better by moving elsewhere.

Smartness and openness go together. An open, explicit industrial policy becomes a national competition. Hidden industrial policy becomes a haven for political payoffs—a form of corporate welfare. Warren is no zero-sum economic nationalist. She understands globalization can be a positive force if focused on improving the conditions of a nation’s workforce rather than on maximizing returns to capital. “Globalization isn’t some mysterious force whose effects are inevitable and beyond our control. No—America chose to pursue a trade policy that prioritized the interests of capital over the interests of American workers.”

Warren proposes enlarging federal research and development, and targeting it on leading technologies. These R&D investments would be “spread across every region of the country, not focused on only a few coastal cities.” The products that emerge will be built by American workers.

Her Green Manufacturing Plan proposes allocating $150 billion annually for the next decade to renewable, green, American-made energy products, along with a dramatic expansion of worker training to ensure Americans have the skills for the anticipated new jobs.

It’s a national investment in our future. “Over the next decade, the expected market for clean energy technology in emerging economies alone is $23 trillion,” she explains. It would also be good for the world. She calls for a Green Marshall plan, “dedicated to selling American-made clean, renewable and emission-free energy technology abroad and a $100 billion commitment to assisting countries to purchase and deploy this technology.”

Warren is promoting a positive economic nationalism designed both to advance America’s workers and respond to one of the most profound crises confronting the world. She reasons that if China can commit its national resources to promoting its domestic industry through plans such as Made-in-China 2025, and Germany can undertake economic planning, there’s no reason America can’t plan a future of cutting-edge industries and good jobs—while combating the climate emergency.

She’s right.

VIEWS EXPRESSED ARE NOT NECESSARILY THOSE OF CASCADIA WEEKLY
qualified and accredited journeyman and apprentice programs are onerous.

“The critical issue here,” Browne observed, “is to make sure that apprentices have the job training and the hours necessary to graduate into journey-level certification—and that is identified as the biggest challenge in creating a skilled labor force, and the graduation rate of apprentices.

“Carpenters, an electrician, a plumber, a drywall journeyman—they all require a combination of school and on-the-job training hours before they can get their certificate,” he said.

Dependent largely upon private funding, apprenticeship training is driven by volatile employer demand, which affects both the training content and the number of workers trained. Yet it is not uncommon for half of construction apprenticeship agreements initiated in a given year to be cancelled.

“In Washington, which, of four states studied, provided data covering the longest time period, 70 percent of construction apprentices who began their apprenticeship in 1994 [were] cancelled,” reported the Aspen Institute, which studied apprenticeships in the building trades. “This has fallen gradually. Only 54 percent of construction apprentices who began their apprenticeship in Washington in 2007 have cancelled.

“Policymakers should invest in infrastructure projects that not only address growing concern about the condition of our nation’s infrastructure, but also keep more apprentices employed and in training, ensuring that our nation has a reliable construction workforce in the decades ahead,” Aspen Institute researchers advised. “Apprenticeship utilization requirements, which guarantee that apprentices work a certain percentage of the total construction labor hours on a construction project, can help more apprentices access opportunities created by these investments and should be encouraged.”

“This will increase our costs,” Council member Tyler Byrd derided in opposition to the proposal. “The contractors who want to build on county projects will have to put 15 percent into an apprenticeship program. They will need two journeymen for every apprentice—so that’s 45 percent of their worker base.

“That will increase their costs, and it will increase our costs.”

“Education costs money,” Browne agreed. “But it is still much cheaper than ignorance. Having an unskilled workforce is damaging to our economy.

Their discussion will continue, but let’s hope it doesn’t take another 20 years.
06.19 THURSDAY

The Washington State Supreme Court upholds its previous decision that found a Richland florist violated Washington’s Consumer Protection Act and the state law by refusing to serve a same-sex couple seeking to buy wedding flowers in 2013. The U.S. Supreme Court had asked the state’s high court to reexamine the decision after they’d issued a narrow ruling in favor of a bakery in Colorado that refused to provide a wedding cake to a same-sex couple. Under Washington law, a business need not provide a particular service, but if it chooses to do so for couples of the opposite sex, it must provide that service equally to same-sex couples. [AGO]

The state Attorney General files a lawsuit in U.S. District Court challenging the Environmental Protection Agency’s decision to revise Washington’s water quality standards. The standards, which apply specifically to Washington, are used to determine how clean the state’s waters must be in order to protect human health. In 2016, the Washington Department of Ecology proposed updates to a portion of state water quality standards that establish limits on a range of nearly 200 pollutants dangerous to human health, such as arsenic, asbestos, mercury and lead. The Environmental Protection Agency revised the proposal, and Washington began to implement those standards. Changing those standards now, the lawsuit argues, would create confusion and disrupt the work Washington has already completed to meet the original demands. [AGO]

A Superior Court judge imposes more than $9 million in penalties against cable and internet provider Comcast after finding more than 445,000 violations of Washington state’s Consumer Protection Act. The ruling found that Comcast had signed up 30,946 Washington residents to a plan without their consent. Additionally, the company did not reveal the true cost of the plan to another 18,660 state residents. [Associated Press]

Prime Minister Justin Trudeau’s Senate appointees save the British Columbia oil tanker ban bill from defeat. While the Senate’s transport committee recommended the upper house in Ottawa defeat the bill outright, a coalition of independent and Liberal senators cobbled together enough votes to rescue legislation to implement the government’s planned ban on oil tankers along British Columbia’s northern coast. The committee issued a scathing report this week saying that, if passed, the bill would stoke a nascent sepa-
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A woman dies while in custody in Skagit County. The Skagit Valley Herald reports that the 50-year-old woman complained of chest pain and difficulty breathing at the Skagit County Community Justice Center in Mount Vernon before she collapsed. Officials say deputies performed CPR and medical personnel arrived to assist, but the woman could not be revived. [Associated Press]

06.19 MONDAY

The Canadian government plans to ban single-use plastics as early as 2021. Specific items to be banned will be determined based on a science-based review, but officials are considering items such as water bottles, plastic bags and straws. [Associated Press]

06.19 TUESDAY

The Washington Supreme Court hears arguments that will determine whether state lawmakers are subject to the same disclosure rules that apply to other elected officials under the voter-approved Public Records Act. The appeal was sparked by a September 2017 lawsuit filed by a media coalition, led by the Associated Press. The coalition has argued that lawmakers have been violating the law by not releasing emails, schedules and reports of sexual harassment. Lawmakers have long argued they are not subject to the voter-approved Public Records Act. [Associated Press]
“WATCH OUT!”
On June 4, a homeowner observed a man in camouflage rummaging though the unlocked vehicle that was parked in his driveway on Silver Lake Road. The homeowner approached the man, but observed he had an AK-47-style assault rifle strapped across his chest. The man yelled at the homeowner that he’d “better watch out!” The man then walked away down the driveway.

On June 4, a short time later, a caller to 911 reported the same man in camouflage with an AK-47. The motorist reported the man was standing in the middle of the roadway and motioning for the driver to stop. The motorist instead accelerated around the gunman in an attempt to get away. The driver told Whatcom County Sheriff’s deputies that the suspect brought the rifle up in a two-handed shooter’s stance, pointing it at the driver’s vehicle as he sped away.

On June 4, WCSO deputies located the gunman near the entrance to Silver Lake Park, still in possession of the rifle, which was slung over his shoulder. The gunman initially refused to comply with the instructions of deputies, but eventually placed the gun on the ground and surrendered. The 31-year-old Bellingham man was booked into Whatcom County Jail.

PEEK-A-BOO
On June 7, the Whatcom County Sheriff’s Office used a GPS bait device to catch a car prowler in north Bellingham. “This area has been repeatedly targeted by vehicle prowlers in recent weeks,” Sheriff Bill Elfo reported. “The tracking device was a cell phone that had been placed inside a backpack in a parked vehicle. At approximately 11:54am, detectives received an alert that the device had been stolen. The device was taking photographs of the suspect and sending them to the detectives as they tracked it using GPS.” Detectives soon spotted the suspect. When questioned, the 32-year-old admitted to stealing the backpack from the vehicle. The tracking device and backpack were recovered from the vehicle he was driving. The man was booked into jail on charges of vehicle prowl, theft and driving with a suspended license.

CANNONBALL RUN
On June 6, a man led Washington State Patrol troopers on a pursuit through both Skagit and Whatcom counties. State Patrol troopers attempted to stop a 2005 Dodge Neon for speeding and weaving between lanes at the intersection of Freeway Drive and College Way in Mount Vernon, but the driver sped away. The car reached speeds of 90 mph on Interstate 5 during the chase, before it exited onto Lake Samish Way. The car continued, driving up to 60 mph on Old Samish Road, where the 34-year-old driver was stopped and booked into jail suspicion of DUI, attempting to elude and first-degree driving with a suspended license. A passenger in the car was not arrested, the State Patrol reported.

FAMILY FEUD
On June 1, Whatcom County Sheriff’s deputies helped break up a dispute between two brothers in Sudden Valley. Deputies learned one of the brothers was armed with a knife. They spotted the man walking down the street, still carrying the pocket knife. Deputies learned the 28-year-old had entered the home of his brother in violation of a no-contact order and began pounding on the locked door of a bedroom in the home. He was able to force his way into the bedroom and rushed at his brother with the knife raised and demanded money and the brother’s cell phone, WCSO reported. Delivering his demands, the 28-year-old plunged the knife into a mattress several times. The 28-year-old fled with $161. The cell phone was damaged in the altercation. No one was injured. He was booked into jail on multiple felony charges.

YABLO
On June 5, Bellingham Police received an anonymous call concerning yet another bomb-like object, this one a bomb threat in Sunnyland neighborhood. “Officers checked the area and were unable to locate any explosive device,” police reported.

PET POLICE
On June 9, University Police spoke with a grieving student about a bird that had flown into a window on campus.

On June 3, animal control officers responded to an Anacortes business after someone reported what they thought was a koi fish hanging from a tree in the parking lot. The business was advised on how to dispose of the dead carp.

THIN BLUE LINE
On June 7, Bellingham Police survived the 2019 World Naked Bike Ride through the downtown core. “Lots of bicycles downtown,” police reported. “They have a permit and should be obeying traffic control devices. A bit of patience may be needed as you drive,” police warned. “Oh, and FYI, many of the cyclists are naked.”

On June 7, vigilant Bellingham Police were well fortified with sugary treats supplied as part of National Doughnut Day. ©


BY JOHN THOMPSON

Noémi Ban

HOLOCAUST SURVIVOR AND EDUCATOR

NOÉMI BAN, a survivor of the Auschwitz-Birkenau concentration camp who became an outspoken advocate and educator on the horrors of the Holocaust and the enduring power of love and tolerance, was laid to rest at the age of 96 in a memorial service this week.

Ban had been a frequent speaker at Western Washington University since the mid-1990s, offering the school’s students, faculty and staff a message not only of remembrance, but also of hope and healing.

“Life is precious. Life is wonderful. I love life and I refuse to give in to hate,” she would tell rapt audiences at her quarterly presentations on campus.

Ban, along with fellow Holocaust survivors Fred Fragner and Magda Dorman, were also a pivotal force in the founding of WWU’s Northwest Center for Holocaust, Genocide and Ethnocide Education (now the Ray Wolpow Institute for the Study of the Holocaust, Genocide, and Crimes Against Humanity).

Sandra Alfers, director of the institute and a WWU professor of modern and classical languages, said the news of Ban’s death has hit the community hard.

“Our hearts are heavy. Noémi was simply an amazing woman: a genuinely kind being, an inspirational teacher, and a compassionate advocate for Holocaust education. She touched the lives of many at Western and beyond,” Alfers said.

Wolpow, a retired professor from the Woodring College of Education and the founder of the Northwest Center for Holocaust, Genocide and Ethnocide Education, concurred.

“I will be forever grateful to Noémi for her willingness to bear witness to the unfathomable events of the Holocaust and for sharing her award-winning teaching talents with our community and me,” he said. “Her messages of resiliency and hope, of the responsibilities that come with freedom, of the dangers of even a little bit of hatred, and of the importance of remembrance resonate in my heart and the hearts of tens of thousands who have heard her story.”

Ban’s family were living in Debrecen, Hungary, when the country was occupied by Germany in 1944; shortly afterwards they were shipped by rail to Auschwitz. Ban’s mother, grandmother, younger sister and younger brother all died in the camp’s gas chambers, along with about 550,000 other Hungarian Jews.

After immigrating to the United States with her husband and two sons in the mid-1950s and with a successful career as a sixth-grade teacher behind her, in the 1990s Ban began her unexpected second career as a public speaker, telling audiences from the Pacific Northwest to Europe and Taiwan her story of grief, tragedy, tolerance, love and hope.

Wolpow and Ban authored the book Sharing is Healing: A Holocaust Survivor’s Story, and after asking Ban to discuss The Diary of Anne Frank to one of his classes, WWU Professor of Theatre Arts Jim Lortz began work on a documentary film, My Name is Noémi, which was released in 2009 and traces Ban’s journey back to Auschwitz for the first time since the end of the war.

WWU President Sabah Randhawa said Ban’s wisdom and kindness left deep impressions on the community.

“Noémi dedicated her life to teaching some of the most profound and timeless human truths: that love is stronger than hate, kindness more powerful than cruelty, and that compassion and understanding will overcome bigotry and ignorance,” he said. “She was also the living embodiment of that wisdom. The people she inspired through her teaching is a wonderful legacy of hope and remembrance.”

John Thompson is the assistant director of the Office of Communications and Marketing at WWU.

WORDS

THURS., JUNE 13
UNDERGROUND WRITING: Attend an official release and reading of When the Dust Rises at 6:30pm at the Mount Vernon City Library, 315 Snoqualmie St. The anthology by the Mount Vernon Migrant Leaders Club in collaboration with Underground Writing, a literature-based creative writing program serving migrant, incarcerated, recovery and other at-risk communities in northern Washington through literacy and personal transformation. Entry to celebrate the teen writers is free. WWW.MOUNTVERNONWA.GOV

HIMALAYA BOUND: Writer and photographer Michael Benanav shares stories and slides from his new book, Himalaya Bound: One Family’s Quest to Save Their Animals and an Ancient Way of Life, at 7pm at Village Books, 1200 11th St. The book follows a tribe of forest-dwelling nomads as they trek into the Indian Himalayas on their annual spring migration. This compelling true story offers an intimate glimpse into a rarely seen world and the modern forces that threaten it. WWW.VILLAGEBOOKS.COM

FRI., JUNE 14
FORMS OF PRESENCE: Local poet and storyteller William Baroch reads from Forms of Presence at 7pm at the Deming Library, 5044 Mt. Baker Hwy. Entry is free.

SAT., JUNE 15
CORRESPONDENCE CLUB: Anyone over 8 years old can sign up for the monthly Correspondence Club gathering from 10:30am-12:30pm at Mindport Exhibits, 210 W. Holly St. Supplies, materials and instructional guidance will be provided for collage mail art, envelopes, postcards and more. Bring your addresses and your postage, and make it a good mail day.
WWW.MINDPORT.ORG

SINGLE MOM’S MEMOIR: Savannah Moore-Stein reads from Did I Raise You Right? A Single Mother’s Memoir at 7pm at Village Books, 1200 11th St. Savannah Moore-Stein is a pen name for this first-time author.
WWW.VILLAGEBOOKS.COM

MON., JUNE 17
POETRYNIGHT: Those looking to share their creative verse as part of the weekly Poetrynight can sign up starting at 6:30pm at Village Books, 1200 11th St. Savannah Moore-Stein reads from Did I Raise You Right? A Single Mother’s Memoir at 7pm at Village Books, 1200 11th St. Savannah Moore-Stein is a pen name for this first-time author. WWW.VILLAGEBOOKS.COM

TUES., JUNE 18
BOOKS ON TAP: Deming Library staff lead a “Books on Tap” gathering focused on Souad Mekhennet’s I Was Told to Come Alone on Tuesday, June 18 at 7pm at Village Books, 1200 11th St. Savannah Moore-Stein reads from Did I Raise You Right? A Single Mother’s Memoir at 7pm at Village Books, 1200 11th St. Savannah Moore-Stein is a pen name for this first-time author. WWW.VILLAGEBOOKS.COM

WED., JUNE 19
FERNDALE BOOK GROUP: Social class distinctions about overcoming cultural discrimination and about standing up for oneself will be topics of a Ferndale Book Group discussion focused on Jonathan Evison’s Lawn Boy from 2:30pm-4pm at the
COMMUNITY

WED., JUNE 12

WOMEN IN AVIATION: In conjunction with the exhibit “Firsts in Flight: A Hidden History,” Leslie Czechowski from the Seattle Museum of Flight Speakers Bureau leads a presentation dubbed “Women in Aviation: From Passenger to Pilot” at 6:30pm at Whatcom Museum’s Old City Hall, 121 Prospect St. Entry is free.

WWW.WHATCOMMUSEUM.ORG

THURS., JUNE 13

TOTEM POLE JOURNEY: The Whatcom Museum will host to the Lummi Nation’s Orca Totem pole at Old City Hall (121 Prospect St.), as it journeys back home after traveling across the country on their mission to bring the beloved Orca back to her native waters and family in the Salish Sea. Beginning at 6pm, guest speakers, including the Whatcom Museum’s Executive Director Patricia Leach, Mayor Kelli Linville, and Representatives Debra Leknoff and Sharon Shew make will share the importance of this journey. Lummi House of Tears carvers Jewell James and Doug James will speak and share a song, and Lummi Council Member Fredrick Lane will emcee. Additional performances by Lummi student poet Duran Jefferson, poet Rachael Andersen, singer songwriter Dana Lyons, and singer Julie Trimmingham will be included. Entry is free.

WWW.WHATCOMMUSEUM.ORG

FRI., JUNE 14

LIBRARY LOCK-IN: Students in grades 6-12 can get parental permission to register for a “Teen Library Lock-In” from 8pm-8am at the Ferndale Library, 2125 Main St. There will be food, games, movies, crafts and so much more. There will be activities scheduled all night long, but for those who want to rest at any point, there will be a supervised quiet movie room.

WWW.WCLS.ORG

JUNE 14-16

BERRY DAIRY DAYS: Strawberry shortcake booths, food and craft vendors, salmon barbecues, live music, a fireworks show, a free outdoor movie, a grand parade, activities for kids, a “Berry Cool” car show, a road run and more will be part of the 42nd annual “Berry Dairy Days” taking place from 11am-10:30pm Friday, 7am-9pm Saturday, and 10am-3pm Sunday in Burlington. Many events are free.

WWW.BERRYDAIRYDAYS.COM

SAT., JUNE 15

ROCKS AND GEMS: The Mount Baker Rock and Gem Club hosts its annual Rockhound Recycling Rendezvous sale from 10am-5pm at Bloedel Donovan Park, 2214 Electric Ave. Members will be selling their rocks and rock-related items, including gems, jewelry, fossils, crystals, equipment and more. Entry is free and open to the public. All ages are welcome.

(360) 366-0121

JUNE TEENTH CELEBRATION: All are welcome at the second annual Juneteenth Celebration happening from 4pm-8pm at Maritime Heritage Park, 500 W. Holly St. The event commemorates the official enforcement of the Emancipation Proclamation on June 19, 1865. The American holiday pays tribute to 153 years of independence, celebrating and commemorating the astounding accomplishments of African-American people and their accomplishments that etched true civil liberty into history. Speakers, a community informatic, rap from Black Lives Matter Bellingham, live music, step dancing, food vending and more will be part of the free festivities. Picnics are encouraged.

WWW.FACEBOOK.COM/EVENTS

SUN., JUNE 16

CAR SHOW: View more than 200 classic and modified cars and trucks at a Father’s Day Car Show happening from 9am-3pm at Whatcom County’s Bellwood Acres, 6140 Guide Meridian. Admission is free for spectators, and there will be live music by the Prozac Mountain Boys, an awards ceremony, spirits sampling (for adults) and more. Breakfast and a barbecue lunch will be offered.

WWW.BELLEWoOODFARMs.COM

HISTORY TOUR: Attend a History Tour from 12:30-3:30pm at Whatcom Museum’s Old City Hall, 121 Prospect St. The museum’s trained guides will take participants to the basement to see the historic jail rooms, including a padded cell from the days of prohibition. They will also share insights into the early use of the basement as the city jail, as well as tell unique stories. Tours include an overview about the architecture of the venerable building and the history of the early days of Bellingham. Entry is included with museum admission.

WWW.WHATCOMMUSEUM.ORG

WED., JUNE 19

BIZ LEADERSHIP: Mark Peterson of Sustainable Connections, Amanda Grelock and Melissa Elkins of the Community Food Co-op, and Tyson Romanick of Saturna Capital will speak at the first Smart Business Leadership series at 11:30am at the Co-op’s Connections Classroom, 405 E. Holly St. “The Value of People, Planet, Profit AND Purpose” will be the topic of discussion at the free events. Please register in advance.

WWW.SUSTAINABLECONNECTIONS.ORG

MAYORAL FORUM: The Downtown Bellingham Partnership will host a Mayoral Forum at 6:30pm at Whatcom Museum’s Old City Hall, 121 Prospect St. April Barker, Seth Fleetwood, Garrett O’Brien, and Pinky Vargas will share their platforms and viewpoints on downtown Bellingham from continuing the positive changes happening in the district to their plans to address challenges related to economic development, social issues and housing.

WWW.DOWNTOWNBELINGHAM.COM/MAYORALFORUM

THURS., JUNE 20

GOOD TIME KICKOFF: Attend a Good Time Girls Season Kickoff Party at 7pm at the Mountain Room at Boundary Bay Brewery, 1103 Railroad Ave. View episode two of Bellingham Crib (featuring Wren of the Good Time Girls), play History Bingo, win prizes and more. Tickets are $15-$35.

WWW.GOODTIMEGIRLSSTOURS.COM

Get Out on the Water this Summer

WHALE WATCHING CRUISES
Join us as we look for Orcas whales, bald eagles, seals, porpoises, sea lions, Humpback whales, Minke whales and more, as the captain tells you about the history, wildlife and geology of the area.

CHUCKANUT CRAB DINNER CRUISE
Cruise the diversely scenic Chuckanut Coast while enjoying the Northwest’s finest Dungeness Crab, Friday & Sunday evenings this summer.

SUCIA ISLAND PICNIC CRUISE
Bring your friends and family out for a beach picnic and nature walk at Sucia Island State Park.

BELLINGHAM BAY BREWERS CRUISE
Wednesday evening beer tasting cruises on Bellingham Bay, featuring three Northwest microbreweries and nine craft beers on every cruise.
CASCADIA WEEKLY  #24.14
06.12.19

What’s the Point?
LOW-TIDE LESSONS

ON A calm day in March, I hiked the forested trail at Whatcom County Parks’ Point Whitehorn Marine Reserve, keen to see what the beach looked like after a recent herring spawn.

Hopping across driftwood onto the beach, I was delighted to see crowds of scoters moving to and fro. They were accompanied by gulls, grebes, cormorants and several seals reposing on a flat rock somehow out from the beach.

Picking my way down the beach, I saw little white balls sticking to the seaweed left by the last tide. Herring eggs! That’s what the birds were after!

These eggs probably weren’t from the famous Cherry Point herring—they spawn in April and May. Still, it was wonderful to see herring eggs back on the Cherry Point beach, where they used to be so thick you could be up to your knees in eggs on seaweed.

Those special herring are why the Department of Natural Resources established the Cherry Point Aquatic Reserve almost 10 years ago. Their numbers had plummeted, and remained low even after a decade of fishing prohibition. One of the main goals of the Reserve was to protect the aquatic habitat and create conditions that would result in population recovery.

Herring do still spawn in April and May, but their numbers are not increasing. Nonetheless, Cherry Point water quality consistently rates as cleaner than more southerly areas of the Salish Sea where the shoreline is more urbanized. Three companies maintain shipping piers here: BP, Phillips66, and Petrogas. Under the terms of their leases with DNR, they are required to maintain strict standards of water-quality protection. Also, because the companies need large protective buffer spaces around them, most of the bluffs are in a quasi-natural, vegetated state. Except for the herring, Cherry Point seems to be sustaining its diverse community of intertidal plants and animals.

Would you like to see those animals and seaweed? Do you want to hear the extraordinary life stories of crabs, barnacles, sea anemones, sea cucumbers and sea stars? The intertidal world is full of unexpected ways animals and plants transform as they grow, and the annual “What’s the Point?” during low tide on Sat., June 15 is a day to find out all about that world.

A group of naturalists will be on the beach from 9am-1pm at Point Whitehorn Marine Reserve, eager to share these lifecycle stories with you. All ages will find things to be amazed and to wonder at.

Kim Clarkin is on Cherry Point Aquatic

ATTEND
WHAT: What’s the Point?
WHEN: 9am Sat., Jun. 15
WHERE: Point Whitehorn Marine Reserve
COST: Free
INFO: www.whatcomlandtrust.org

Alpine Lakes: Seattle-based brothers Nathan and Jeremy Barnes share tips and trails from Alpine Lakes Wilderness: The Complete Hiking Guide at 7pm at Village Books, 1200 11th St. With more than 600 miles of trails and more than 700 sparkling alpine lakes and ponds, this treasured wilderness encompasses a lifetime’s worth of mountain landscapes.

ATTEND
WHAT: Alpine Lakes
WHEN: 7pm Fri., Jun. 14
WHERE: Village Books, 1200 11th St.
COST: Free
INFO: www.villagebooks.com

Ferry Rides: The Plover ferry runs weekends through Sept. 2 from 12-8pm Fridays and Saturdays, and 10am-6pm Sundays departing on the hour from the Blaine Visitor’s Dock, Gate II at Blaine Harbor. Suggested donation for the excursion on the oldest foot passenger ferry in the state is $1 for kids and $5 for adults.

ATTEND
WHAT: Ferry Rides
WHEN: Jun. 14-16
WHERE: Blaine Harbor
COST: Free
INFO: www.draftshiptonorth.net

All-Paces Run: Staff and volunteers are always on hand to guide the way at the weekly All-Paces Run starting at 6pm every Tuesday at Fairhaven Runners, 1209 11th St. Entry is free.

ATTEND
WHAT: All-Paces Run
WHEN: Jun. 18
WHERE: Fairhaven Runners, 1209 11th St.
COST: Free
INFO: www.fairhavenrunners.com

Send your event info to:
CALENDAR@CASCADIAWEEKLY.COM

TUES., JUNE 18

SUN., JUNE 16

MON., JUNE 17

FRI., JUNE 14

THURS., JUNE 13

INTO THE WILD: Western Washington University alum and current assistant coach T3 Garlatz leads a presentation dubbed “Into the Wild: Making Distance Running Champions in Alaska” at a free Fitness Forum at 7:15pm at Fairhaven Runners, 1209 11th St. He will discuss the overall Alaskan running experience, working with Kenyan student athletes, and some of the most unbelievable stories of hardship and triumph.

ATTEND
WHAT: Into the Wild
WHEN: 7:15pm Fri., Jun. 14
WHERE: Fairhaven Runners, 1209 11th St.
COST: Free
INFO: www.fairhavenrunners.com

MONDAY, June 17

PLANT CLINICS: Local Master Gardeners will be on hand for Plant Diagnostic Clinics from 4:30pm-7pm Mondays through June at the SkillShare Space at the Bellingham Public Library, 210 Central Ave.

ATTEND
WHAT: Plant Clinics
WHEN: Mon., Jun. 17
WHERE: Bellingham Public Library, 210 Central Ave.
COST: Free
INFO: www.bellinghampubliclibrary.org

MOON WALK: Area women are invited to join Wild Whatcom for a “Ladies Night Out: Moon of the Salmon’s Return” outing from 8pm-10:30pm in Whatcom County (locale will be revealed when you register). Suggested donation is $12.

ATTEND
WHAT: Moon Walk
WHEN: Sun., Jun. 16
WHERE: Wild Whatcom
COST: Free
INFO: www.wildwhatcom.org

WED., JUNE 12

WELLNESS WEDNESDAYS: The Mount Vernon Downtown Association hosts its second “Wellness Wednesdays” event at 12pm at the Skagit Riverwalk Plaza. Skagit Valley Academy of Dance will lead the lunch-hour workout. Each Wednesday through June will feature a class taught a local wellness business. Bring your yoga mat, running shoes, water and a friend.

ATTEND
WHAT: Wellness Wednesdays
WHEN: 12pm Wed., Jun. 12
WHERE: Skagit Riverwalk Plaza, Skagit Valley Academy of Dance
COST: Free
INFO: www.mountvernondowntown.org

GROUP RUN: All levels of experience are welcome at a weekly Group Run beginning at 6pm in Mount Vernon at the Skagit Running Company, 702 First St. The 3- to 6-mile run is great for beginners or for others wanting an easy recovery. Entry is free.

ATTEND
WHAT: Group Run
WHERE: Skagit Running Company, 702 First St.
COST: Free
INFO: www.skagitrunners.org

BIRDS & POLLINATORS: Learn about “Skagit Birds and Pollinators PNW” when avid birder Bob Hamblin leads a class on the topic at 11am in Mount Vernon at Christianson’s Nursery, 10856 Best Rd. Attendees will find out more about the local birds and other insects that pollinate our food. Fees are $8.

ATTEND
WHAT: Bird & Pollinator PNW
WHEN: 11am Sat., Jun. 15
WHERE: Christianson’s Nursery, 10856 Best Rd.
COST: $8
INFO: www.christiansonsofnursery.com

SUN., JUNE 16

RABBIT RIDE: Join members of the Mount Baker Bicycle Club for a “Rabbit Ride” starting at 8am every Sunday at Fairhaven Bicycle, 1108 11th St.

ATTEND
WHAT: Rabbit Ride
WHEN: 8am Sun., Jun. 16
WHERE: Fairhaven Bicycle, 1108 11th St.
COST: Free
INFO: www.mtbakerbikeclub.org

THURS., JUNE 13

INTO THE WILD: Western Washington University alum and current assistant coach T3 Garlatz leads a presentation dubbed “Into the Wild: Making Distance Running Champions in Alaska” at a free Fitness Forum at 7:15pm at Fairhaven Runners, 1209 11th St. He will discuss the overall Alaskan running experience, working with Kenyan student athletes, and some of the most unbelievable stories of hardship and triumph.

ATTEND
WHAT: Into the Wild
WHEN: 7:15pm Fri., Jun. 14
WHERE: Fairhaven Runners, 1209 11th St.
COST: Free
INFO: www.fairhavenrunners.com

MON., JUNE 17

PLANT CLINICS: Local Master Gardeners will be on hand for Plant Diagnostic Clinics from 4:30pm-7pm Mondays through June at the SkillShare Space at the Bellingham Public Library, 210 Central Ave.

ATTEND
WHAT: Plant Clinics
WHEN: Mon., Jun. 17
WHERE: Bellingham Public Library, 210 Central Ave.
COST: Free
INFO: www.bellinghampubliclibrary.org

TUES., JUNE 18

ALL-PACES RUN: Staff and volunteers are always on hand to guide the way at the weekly All-Paces Run starting at 6pm every Tuesday at Fairhaven Runners, 1209 11th St. Entry is free.

ATTEND
WHAT: All-Paces Run
WHEN: Tue., Jun. 18
WHERE: Fairhaven Runners, 1209 11th St.
COST: Free
INFO: www.fairhavenrunners.com

BEE INFORMED: Celebrate National Pollinators’ Week at a “Bee Informed” presentation by Timothy Lawrence, PhD, at 6:30pm at the Mount Vernon City Library, 315 Snoqualmie St. He’ll discuss the importance of bees, why they are at risk, and what you can do to help them. Entry is free.

ATTEND
WHAT: Bee Informed
WHEN: Thu., Jun. 13
WHERE: Mount Vernon City Library, 315 Snoqualmie St.
COST: Free
INFO: www.mountvernondowntown.org

THURS., JUNE 20

DIG DEEP: Share growing tips and get your gardening questions answered at a “Dig Deep” event from 3pm-5pm at the Deming Library, 3pm-5pm at the Deming Library, 5044 Mt. Baker Hwy. Participants plan, plant and harvest the library garden monthly through September.

ATTEND
WHAT: Dig Deep
WHEN: Thu., Jun. 20
COST: Free
INFO: www.wcls.org
producing director Steve Lyons, it was with a goal of bringing world-class theater with a local twist to patrons of the arts. Fairhaven Summer Repertory Theatre takes that challenge even further.

The $2,000 Kickstarter ask is just the beginning. Ultimately, the company hopes to raise a total of $10,000 through partnerships with local businesses and individual donors to help keep ticket prices on the low side, pay actors, designers and crew members, and return in the summer of 2020 with more high-quality productions.

Meanwhile, this year’s plays will test the waters between hilarity and heartbeat. Edson’s Wit kicks things off with a sardonic exploration of a journey toward death as seen through the eyes of a 50-year-old English Lit professor who has been diagnosed with terminal cancer. The Pulitzer Prize-winning play asks audiences and characters to examine aspects of life that make it worth living, and will also be the subject of a related collaboration with the Palliative Care Institute dubbed “The Wisdom of Wit.”

Up next is The Clean House, which features a doctor who is too busy to clean her own abode and hires a feisty maid from Brazil who’d rather make jokes than make beds. After the doctor’s neat-freak sister surreptitiously takes over cleaning duties, the doctor’s personal life takes a dive, and even more messes must be attended to.

Finally, Cat on a Hot Tin Roof enters the fray with a familial fracas that brings up big issues such as alcoholism, suicide, homosexuality, trust and greed.

If you’re intrigued, consider donating to the Kickstarter campaign. Even those who give $1 will get their names in the printed program, meaning you’ll be doing your part to ensure Fairhaven Summer Repertory Theatre sticks around for the long haul.

STAGE

JUNE 12-29
BARD ON THE BEACH: A Wild West-inspired version of The Taming of the Shrew kicks off the 30th Bard on the Beach season at Vanier Park in Vancouver, BC. Through Sept. 21, the Shakespearean favorite will show in repertory with the romantic comedy Shakespeare in Love, an India-based All’s Well That Ends Well, and the riveting political drama Coriolanus. Tickets start at $26 (Canadian).

THURS., JUNE 13
THEATRE NIGHT: Help raise funds for local youth and children’s program when the Kiwanis Club of Bellingham hosts its annual “Theatre Night” fundraiser at 6:30pm at the Bellingham Theatre Guild, 1600 H St. A wine and cheese hour will precede a viewing of the comedy Nunsense, and there will be a number of silent auction items to bid on. Tickets are $25.

JUNE 14-15
WRITERS AND PAIN: Two writers will create a brand-new story while improvisers act it out on the spot at “Writer’s Block” performances happening at 7:30pm Fridays and Saturdays through June at the Upfront Theatre, 1208 Bay St. At 9:30pm, stick around for “The Project.” Entry is $8 for the early show, $5 for the late one.

JUNE 16
GOOD, BAD, UGLY: Watch “The Good, the Bad and the Ugly” at 7:30pm every Thursday at the Upfront Theatre, 1208 Bay St. At 9:30pm, stick around for “The Project.” Entry is $8 for the early show, $5 for the late one.

JUNE 13-16
JAMES AND THE GIANT PEACh: A musical version of Roald Dahl’s James and the Giant Peach continues this week with showings at 7:30pm Thursday through Saturday, and 2pm Sunday at the Anacortes Community Theatre, 918 N. Ave.

JUNE 14-15
NUNSENSE: Watch what happens when 52 nuns are poisoned and the players’ comedic abilities and pain tolerance. Tickets are $30-$12.

JUNE 16
BELLINGHAM CIRCUS GUILD: Bellingham Circus Guild’s monthly fundraiser at 6:30pm at the Bellingham Theatre Guild, 1600 H St. Tickets are $9-$14 to view the comedy.

STAGE FOR THE SUMMER

FAIRHAVEN SUMMER REPERTORY THEATRE SEASON

While opening night at the Firehouse Arts and Events Center is what, the shows will go on. That’s one of the important messages to be gleaned from attending Bellingham TheatreWorks’ current Kickstarter campaign, which aims to raise funds to give a boost to its inaugural Fairhaven Summer Repertory Theatre season.

The ambitious undertaking will see three groundbreaking plays—Margaret Edson’s Wit, Sarah Ruhl’s The Clean House, and the iconic Cat on a Hot Tin Roof by Tennessee Williams—being performed six nights a week for four weeks, beginning July 2.

While opening night at the Firehouse Arts and Events Center is still a few weeks away, another crucial takeaway from perusing the details on the funding platform is that every dollar raised before then will go to ensuring the company can continue to grow roots in Fairhaven.

When Bellingham TheatreWorks was founded in 2014 by Western Washington University theater professor Mark Kuntz and
Carbon Dialogue
FROM INNOCENCE TO MENACE

I’VE OFTEN enjoyed the work of David Eisenhour. His bronze sculptures previously exhibited at the Museum of Northwest Art and Smith & Vallee Gallery have joyfully celebrated the beauty of crustaceans and jellyfish.

Eisenhour began as a foundry worker, where he was allowed to build up his own body of work. Once he became a full-time artist, he gradually moved from strict imagery to creating “something which would make people ask questions.”

And with a new exhibit at Smith & Vallee, “Carbon Dialogue,” he’s moved the goalposts further—he’s become an oracle.

You might compare his present work to that of Hieronymus Bosch, who beautifully depicted the hellish punishments awaiting mankind at The Last Judgment.

Eisenhour’s theme is, “We are all part of a carbon dialogue.” Beyond that cryptic remark, the sculptor speaks through his work. A statue in concrete and coal in the form of a spiral shell is simply labeled, “Canary” (think coal mine). A bronze wall piece, “In a Drop,” features a human hand encrusted with coral and barnacles.

His glistening bronze jellyfish, formerly merely delightful works of art, now carry a symbolic message, juxtaposing innocence with menace. Jellyfish, the artist tells us, will inherit warming oceans as fish and coral vanish from acidifying and overfishing. The mantles of Eisenhour’s jellyfish offer images of babies and dinosaurs—and some of the jellyfish dangle human fingers, in place of tentacles.

“Terrorp” is a bronze wall hanging in the shape of a spread-winged eagle. It’s a monstrosity with a skull-face between the wings and six toes on either side. The name’s a play on the word “terra,” meaning both “Earth” and “terrible.” Eisenhour admits it was a “cathartic work. I felt like I was letting go of the demon of extinction.”

Even Eisenhour’s lovely prints on cedar, “Carbon Excerpts,” are mysteriously haunting. He laboriously creates each image on a board using clay, paint and coal dust. The abstract images suggest diatoms, ferns, coral, butterfly wings, broken glass and patterns in sand.

With thoughts of the apocalypse in mind, how about something completely different? Drive south on Farm to Market Road to visit it the historic barn of Bitters Co.

Owners Amy and Katie Carson design and sell a line of housewares made by skilled craftsmen from around the world, with a retail store in La Conner.

Through June 29, the Carson sisters welcome you to ascend into the hayloft for “Splintered.” Here, listen to recorded fragments of verse spoken by poet Shin You Pai, randomly accompanied by percussive sounds struck by sound artist Steve Peters on glassware, metal and other objects from the company’s inventory.

It’s a meditative, healing experience.

ATTEND MORE: WHAT:
“Carbon Dialogue”
WHEN: 11am-5pm daily through June 30
WHERE: Smith & Vallee Gallery, Edison
INFO: www.smithandvallee.com

“Splintered”
WHEN: 12pm-4pm Mon.-Sat., through June 29
WHERE: Bitters Co. Barn, 14034 Calhoun Rd., Mount Vernon
INFO: www.bittersco.com

Ongoing Events
UPCOMING EVENTS
JUNE 13-14
MANDALA EXHIBIT: The public is invited to visit, observe and engage at a “Prayers for the Earth” Tibetan Sand Mandala exhibit from 10am-5pm Thursday, and 10am-4pm Friday at the Firehouse Arts & Events Center, 1314 Harris Ave. The event will provide a unique educational and cultural opportunity to observe the ritual creation of the Sand Mandala, the meditative practices of the monks, and an exquisite example of this sacred art form. As well, it will provide an oasis of peace and inspiration for all in attendance at this “meditation in action.” Entry is free.

SAT., JUNE 15
WINDOWSILL ART: A free “Windowsill Art” workshop with Rae Ellen Lee happens from 11am-1pm at the Benning Library, 5044 Mt. Baker Hwy. Attendees will use a small, recycled box, bits of junk mail and acrylic paint to make their masterpieces. Please register in advance, as space is limited.

JUNE 15-16
DYE & TIE: Artist and university professor Seiko Atsuta Purdue will lead a “Dye & Tie: Japanese Gift-Wrapping Textiles” workshop from 10am-3pm Saturday, and 1pm-4pm Sunday at Whatcom Museum’s Lightcatcher Building, 250 Flora St. Fees are $60-97; advance registration is required.

SUN., JUNE 16
HANDMADE MARKET: Attend a Bellingham Handmade Market from 11am-4pm at Goods Nursery and Produce, 2620 Northwest Ave. Through October, the weekly event will offer a selection of rotating artisans that make high-quality functional products locally—just like the venue’s brews and produce.

THURS., JUNE 20
VAN GOGH FOR YOUTH: Garden of Life, Studio UFO, and Growing Alliances team up for a “Van Gogh for the Youth: A Night Under the Stars” fundraiser from 6pm-9pm at Whatcom Museum’s Lightcatcher Building, 250 Flora St. Live bidding on Van Gogh-themed art created by Studio UFO members, classical music and more will be part of the evening’s events. Seventy percent of the art sales will go to Growing Alliances—which provides youth professional development training and gardening skills to foster responsibility and independence—and 30 percent to the artists. Entry is free; please RSVP.

Ongoing Exhibits
ALLIED ARTS: A “Native Arts Collective” exhibit shows through June at Allied Arts,

BY STEPHEN HUNTER
ARTWOOD: Works by Doug and Arlene Hudson will be highlighted through June at Artwood Gallery, 1000 Harris Ave.  
WWW.ARTWOODGALLERY.COM

DEMING LIBRARY: Rae Ellen Lee presents contemporary artwork on the border between fun art and fine art through July 20 at the Deming Library, 5044 Mt. Baker Way.  
(360) 592-2422
WWW.DEMINGLIBRARY.WA.USA

FISHBOY GALLERY: Discover the contemporary folk art of RR Clark from 1:30-5pm Fridays or by appointment at the Fishboy Gallery, 617 Virginia St.  
360-391-3555 OR WWW.FISHBOYGALLERY.COM

FOURTH CORNER: “POPI!” shows through June at Fourth Corner Frames & Gallery, 311 W. Holly St.  
WWW.FOURTHCORNERFRAMES.COM

GALLERY SYRE: Peruse seasonal exhibits at the Lummi Island Gallery at the Village Point Marina, 1418 Cornwall Ave.  
WWW.LUMMIGALLERY.COM

GOOD EARTH POTTERY: Custer-based potter Irene Lawson will be the featured artist through June at Good Earth Pottery, 1000 Harris Ave.  
WWW.GOODEARTHPOTS.COM

HADRIAN GALLERY: View “Biome,” a collection of pieces by Pacific Northwest artists who have created works with wild animals as subjects, through June 30 in Edison at Hadrian Art Gallery, 5717 Gilkey Ave.  
WWW.FACEBOOK.COM/EDISONWA5717

JANSEN ART CENTER: View a “Summer Juried Exhibit” through Aug. 20 in Lynden at the Jansen Art Center, 321 Front St. Additional exhibits to check out include painter Kay D. Little’s “InnerSpace,” Cecilia Karoly-Lister’s “Itch” exhibit, and Marcia K. Moore’s “Ancients Unfolding.”  
WWW.JANSENARTCENTER.ORG

LUMMI GALLERY: Peruse seasonal exhibits at the Lummi Island Gallery at the Village Point Marina, 4232 Legoe Bay Rd.  
WWW.LUMMILANDISLANDGALLERY.COM

MAKESHIFT: “Perspectives,” featuring new works by local artists Hannah L. Rivers and Melissa Perry, shows through June at MakeShift Art Space, 306 Flora St.  
WWW.MAKESHIFTPROJECT.COM

MINDPORT: View Stephen McMillan’s “Natural Connections” exhibit of photo-realistic etchings and lithographs through July 30 at Mindport Exhibits, 210 W. Holly St.  
WWW.MINDPORT.ORG

PEACE HEALTH: As part of a “Healing Through Art” series, view works by painter Jane Burns through July 20 on the first floor of the East Tower Hall at PeaceHealth St. Joseph Medical Center, 2901 Squalicum Pkwy.  
WWW.CDG@FIDALGO.NET

PERRY AND CARLSON: Works by Kandis Sudol and Alex Glasser can be viewed at an “Undercurrent” exhibit showing through June in Mount Vernon at Perry and Carlson Gallery, 504 S. First St.  
WWW.PERRYANDCARLSON.COM

QUILT MUSEUM: “Bird Plumage,” “Creative Knitting,” and “Works of Our Hands” are currently on display at La Conner’s Northwest Quilt & Fiber Arts Museum, 703 S. Second St. Additional exhibits to check out include painter Kay D. Little’s “Innerspace,” “Year of Statehood,” “All is Not Lost: Images Salvaged from Damaged Glass Negatives,” and “John M. Edson Hall of Birds” can currently be viewed on the Whatcom Museum campus.  
WWW.QFAMUSEUM.ORG

RAGFINERY: A variety of textile-related workshops happen on a regular basis at Ragfinery, 1421 N. Forest St. See more details and register online.  
WWW.RAGFINERY.COM

SCOTT MILO: Reim Air Washington painters presents its annual “Little Gems” invitational show through June 29 in Anacortes at the Scott Milo Gallery, 420 Commercial Ave.  
WWW.SCOTTMILO.COM

WESTERN GALLERY: “Fever Dreams” shows through June 15 at Western Washington University’s Western Gallery.  
WWW.WESTERNGALLERY.WWU.EDU

WHATCOM ART MARKET: Works by Whatcom Art Guild members can be perused daily at the Whatcom Art Market, 1103 11th St.  
WWW.WHATCOMARTMARKET.ORG

WHATCOM MUSEUM: “Modern Quilts: Designs of the New Century,” “People of the Sea and Cedar: A Journey Through the Tribal Cultures and History of the Northwest Coast,” “1889: Blazes, Rails, and the Year of Statehood,” “All is Not Lost: Images Salvaged from Damaged Glass Negatives,” and “John M. Edson Hall of Birds” can currently be viewed on the Whatcom Museum campus.  
WWW.WHATCOMMUSEUM.ORG

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WWW.WHATCOMMUSEUM.ORG

FIREWALLS: Details on discounts, restrictions and limitations may apply. Equal Housing Lender. Programs are subject to change without notice. All products are subject to credit and property approval. Other restrictions and limitations may apply. Equal Housing Lender.
Blues, Brews and BBQ

SUMMER IS COMING

IT HAPPENS every year. After spending the entire winter wearing all of the warm clothes I own at the same time, feeling like I'll never be anything other than cold and weighted down by countless technical layers, existing in a constant state of nostalgia for balmier days, the skies part, the sun shines down and a realization dawns. Summer is coming.

But it’s not quite here yet and I find myself confused by how to dress appropriately for the weather—it’s time to put my wool sweaters away, but it’s not quite T-shirt season. So, I’m back to donning multiple layers of clothing, lighter ones this time.

What I really need is a mostly sunny, 73-degree day and somewhere I can go to be entertained and enjoy it.

It just so happens that the weather forecast for Thurs., June 13 matches that description exactly, which is fortunate considering it’s also the first installment of the Hotel Bellwether’s annual Blues, Brews and BBQ series.

Bellingham has its fair share of impressively scenic outdoor locales and we make good use of them year-round, and when the summer months come around, many of those picturesque spots double as music venues. However, few live music locales are prettier than the Bellwether’s patio perched on Bellingham Bay. A few years ago, the hotel decided to capitalize on their singular spot and its expansive patio by offering up a combination that has proven irresistible to darn near all of us: live outdoor music coupled with local beer. I’m pretty sure they threw in the barbecue element as a sort of entertainment insurance policy—if you weren’t lured to the Bellwether by the sound of music, perhaps the aroma of smoked meat would do it.

Naturally, folks showed up in droves, right from the start. Now, hundreds of people make their way to the bay for their weekly dose of pints, meat and music—so much so that they’re now known as “patio partiers” in Hotel Bellwether parlance.

RUMOR HAS IT

UPDATE: LAST WEEK, I talked about how, for the first time ever, I’d received a press release from a middle-schooler, which was pretty much the coolest thing. I met said press-release author, Kulshan Middle School’s Kaleb Payne (I’m pretty sure I was a little too excited), and a whole bunch of his co-conspirators from the Bellingham Youth Media Project, when they showed their films at the Pickford Film Center while I was working a projectionist shift there. Not only were their movies great, but they were also delightful guests—and they cleaned and swept the theaters and lobby between shows.

What I’m trying to say is that if you’d like to complain to me about kids today, I’m not wanting to hear about it until you’ve cleaned my bathroom and taken out my trash. My newfound middle-school friends have set the bar pretty high.

Less-important update: Since Saxophone Guy evidently departed Boulevard Park for good, thus forsaking me and everything we stood for, I’ve transferred my affections to Opera-Singing Biker Guy. Keeping to the template carved out by his predecessor, I have no idea who Opera-Singing Biker Guy is, where he came from or even where he’s going—and I have no wish to be clued in.

Now that I’ve finished thoroughly burying the lede, it’s probably time to move on to matters of actual importance.

Last week, right around the time I was reminding myself not to bug the Downtown Bellingham Partnership’s Lindsey Payne Johnstone about it, she released the lineup for this year’s Downtown Sounds, which also happens to be the 15th anniversary of the wildly popular and well-attended concert series. Of course, I will have many more things to say about this subject when I write my annual love letter to Lindsey and the beloved block parties she’s transformed into Bellingham’s marquee summer event, but for now, here’s what she’s got in store for us.

This year’s Downtown Sounds begins with Polecat (if they don’t come with outlandish ideas and costumes, I will be sad) on July 10, to be followed in short order by the Rebirth Brass Band (seriously, Lindsey, how’d you do that?) on July 17, Orchestra Zara-banda on July 24, Sepiatonic on July 31, and Monophonics on Aug. 7. Last year, Lindsey suffered some setbacks prior to Downtown Sounds—including breaking her arm—and did so with her customary positivity and unmatched work ethic firmly intact (and a whole lot of help from her army of civic-minded volunteers). I can only imagine what she’s got in store for us this year.
If you were to have me try and deduce which longtime Bellingham band would be tapped to start this year’s series, my list of guesses would probably start and end with the Atlantics. I would not be wrong, as they’ll kick out the jams not just during the June 13 kickoff party, but also two more times, on July 18 and Aug. 29. They will be the only band making repeat appearances, however. The Chris Eger Band (July 4, July 25, and Sept. 5), Baby Cakes (July 11 and Aug. 15), and SpaceBand (Aug. 1 and Sept. 12) will all play multiple times, which means you can catch them once, and then again on the flip side.

Filling in the blanks between those patio parties will be the return of Chicago’s Lowdown Brass Band (June 20), who seem to make a habit of touring through town just in time for Blues, Brews and BBQ, much to the delight of their ever-growing network of local fans. Following them will be the sweet sounds of Jasmine Greene (June 27), who is certainly no stranger to Bellingham’s outdoor music-making locales. On Aug. 8 will come a blast from our musical past as the Chryslers will get the ball rolling. On Aug. 15 will come a blast from our future, and then again on the flip side.

What the Heck? Fest, announcing a July 20 show at Anacortes’ Croatian Club featuring his temporary not-defunct band as well as Little Wings, Karl Blau, Do+ and others. Less than three hours later—or roughly the time it took for most of us to process this was really happening—it was sold out. What the heck, indeed.

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### Music Venues

#### See below for venue addresses and phone numbers

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<tr>
<th>Venue</th>
<th>Address</th>
<th>Phone Number</th>
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</thead>
<tbody>
<tr>
<td>Alternative Library</td>
<td>519 E. Maple St</td>
<td>(360) 466-4778</td>
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<tr>
<td>Anelias Kitchen &amp; Stage</td>
<td>513 S. 1st St., La Conner</td>
<td>(360) 466-4778</td>
</tr>
<tr>
<td>Beach Store Cafe</td>
<td>2200 N. Nurgent Road, Lummi Island</td>
<td><a href="http://www.beachstorecafe.com">www.beachstorecafe.com</a></td>
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<tr>
<td>Big Lake Bar and Grill</td>
<td>6140 Guide Meridian, Lynden</td>
<td>(360) 318-7720</td>
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<tr>
<td>Boundary Bay Brewery</td>
<td>1107 Railroad Ave</td>
<td>647-5593</td>
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<tr>
<td>Brown Lantern Ale House</td>
<td>412 Commercial Ave., Anacortes</td>
<td>(360) 293-2544</td>
</tr>
<tr>
<td>Commodore Ballroom</td>
<td>868 Granville St., Vancouver</td>
<td>(604) 739-4550</td>
</tr>
<tr>
<td>Conway Muse</td>
<td>18444 Spruce/Main St., Conway</td>
<td>(360) 445-3000</td>
</tr>
<tr>
<td>Edison Inn</td>
<td>5829 Cains Ct., Edison</td>
<td>(360) 766-6266</td>
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<tr>
<td>Firefly Lounge</td>
<td>1015 N. State St.</td>
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<td>Greene's Corner</td>
<td>Old England on the Greene</td>
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<tr>
<td>Guemes Island General Store</td>
<td>1053 N. State St.</td>
<td>734-0728</td>
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<td>Honey Moon</td>
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<tr>
<td>Hotel Bellwether</td>
<td>1300 11th St.</td>
<td>715-3642</td>
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<tr>
<td>Kulshan Brewing Co.</td>
<td>2238 James St.</td>
<td>389-5348</td>
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<td>Make.Shift</td>
<td>306 Penda St.</td>
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<td>Old World Deli</td>
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<td>Rockfish Grill</td>
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<td>Royal</td>
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#### Music Venues - 06.12.19

<table>
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<tr>
<th>Venue</th>
<th>Event Details</th>
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<tr>
<td>Alternative Library</td>
<td>Bill and Ted's Excellent Adventure: The Musical</td>
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<tr>
<td>Anelias Kitchen &amp; Stage</td>
<td>Jennifer Specter</td>
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<tr>
<td>Beach Store Cafe</td>
<td>Daddy Treetops</td>
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<tr>
<td>Big Lake Bar and Grill</td>
<td>Rich Rovec</td>
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<tr>
<td>Boundary Bay Brewery</td>
<td>L7/June 12/Commodore Ballroom</td>
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<tr>
<td>Brown Lantern Ale House</td>
<td>Poetrynight w/Oliver Amatist</td>
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<td>Commodore Ballroom</td>
<td>Aly and AJ</td>
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<td>Conway Muse</td>
<td>MazeBird Cafe w/Linda Nicole Blair, Wes Spill, Ronnie Nic</td>
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<td>Edison Inn</td>
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<td>Firefly Lounge</td>
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<td>Greene's Corner</td>
<td>MoonCats</td>
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<td>Guemes Island General Store</td>
<td>Father's Day Pizza Benefit w/ The Enthusiasts, more</td>
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<td>Honey Moon</td>
<td>RSS Trio</td>
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<tr>
<td>Hotel Bellwether</td>
<td>Janette West Quartet</td>
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<tr>
<td>Kulshan Brewing Co.</td>
<td>The Devillies</td>
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<td>Make.Shift</td>
<td>The Katie Gray, Black Water, Deadly D</td>
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<td>Old World Deli</td>
<td>Roger Yamasita Trio</td>
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<td>Rockfish Grill</td>
<td>Cascadia Groove</td>
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<tr>
<td>Royal</td>
<td>Karaoke</td>
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Send your music info to clubs@cascadiaweekly.com. Deadlines are always at 5 pm Friday.
See previous page for venue addresses and phone numbers

**WEDNESDAY 06.12.19**

**Thursday 06.13.19**

**Friday 06.14.19**

**Saturday 06.15.19**

**Sunday 06.16.19**

**Monday 06.17.19**

**Tuesday 06.18.19**

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<th>Party Hoe Community Drag Show</th>
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<tr>
<td>The Shakedown</td>
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<td>Perfect By Tomorrow, Gypsy Temple, Waking Maya</td>
<td>Lipstitch, Roses Thorns, Organized Crime</td>
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<td>Silver Reef Hotel Casino Spa</td>
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<td>DJ TonyBoi</td>
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<td>Exit 266</td>
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<td>Skagit Casino Resort</td>
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<td>Harmonious Funk</td>
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<td>Skylark’s</td>
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<td>The Spencetet</td>
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<td>T.G.R. Jazz</td>
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<td>Stones Throw Brewery</td>
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<td>Crooked Constellation</td>
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<td>Alger Rhythms</td>
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<td>Swinomish Casino and Lodge</td>
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<td>The Martin James Band</td>
<td>The Martin James Band</td>
<td>Karaoke</td>
<td>REVEREND HORTON HEAT/June 14/Wild Buffalo</td>
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<td>The Underground</td>
<td>18 and Older Night</td>
<td>Karaoke</td>
<td>DJ Night</td>
<td>DJ Night</td>
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<td>The Village Inn</td>
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<td>Open Mic</td>
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<td>Wild Buffalo</td>
<td>'90s Till Now w/Boom-box Kid</td>
<td>Underground Transmissions w/ Jack Anderson, more</td>
<td>Reverend Horton Heat, Blood-shot Bill, more</td>
<td>Polyphythenos, Motus</td>
<td>Lip Sync Battle</td>
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FILM SHORTS

Aladdin: I'm just going to go ahead and say there's not a single animated Disney movie I would like to see remade into a live-action film. Nor do I find the idea of a giant blue Will Smith appealing, but your mileage may vary there. ★★★★ (PG • 2 hrs. 8 min.)

Avengers: Endgame: The box office juggernaut that is the Avengers' swan song just blew past Titanic to become the second-highest-grossing film of all time and has Avatar firmly in its sights. Somewhere James Cameron is crying into his piles of money. ★★★★★ (PG-13 • 3 hrs. 1 min.)

The Biggest Little Farm: This documentary follows a couple who are living a commonly held dream, that of chucking corporate life and living off the land. This is the story of their experiment in biodiversity and farming, told with great heart, hope and humor. Warning: Repeated viewings might cause you to want to buy the farm. ★★★★★ (PG • 1 hr. 31 min.)

Booksmart: Two nerdy girls on the eve of graduating high school decide to experience all the fun they've been denying themselves—in one night. Hijinks obviously ensue in this whip-smart, razor-sharp comedy directed by Olivia Wilde. ★★★★ (R • 1 hr. 45 min.)

Dark Phoenix: I was so caught up in the Avengers, I forgot about the existence of the X-Men. Looks like I wasn't the only one, judging by its dismal showing at the box office. ★ (PG-13 • 1 hr. 53 min.)

The Dead Don't Die: On the heels of his excellent and stylish vampire flick Only Lovers Left Alive, Jim Jarmusch has decided to dabble in the realm of the walking undead, and he's bringing all of his favorite co-conspirators—Bill Murray, Tom Waits, Adam Driver, RZA, and more—with him. ★★★★ (R • 1 hr. 43 min.)

Godzilla: King of the Monsters: If you want to watch a big CGI spectacle in which a bunch of monsters fight each other and Sally Hawkins wonders how she ended up in this film, this is the movie for you. ★ (PG-13 • 2 hrs. 12 min.)

John Wick: Chapter 3—Parabellum: Koanu Reeves has cracked out another improbably well-done installment in this action-packed franchise, and I guess I should stop referring to his success in this realm as "improbable." John Wick is the real deal. ★★★★★ (R • 2 hrs. 11 min.)

Late Night: When Mindy Kaling wrote the script for this movie, she penned the lead role of an acerbic late-night host specifically for Emma Thompson, and then cast herself as—what else?—a new writer on her show. Watch them trade razor-sharp one-liners as Thompson goes full Meryl Streep, Devil Wears Prada style. ★★★★ (R • 1 hr. 42 min.)

Ma: This is yet another movie that got lost on its way to the Lifetime Movie Network and somehow ended up on the big screen, but since it involves Octavia Spencer going full psycho on a bunch of unsuspecting teenagers, I'm all about it. ★★★ (R • 1 hr. 50 min.)

Men In Black: International: Because there is nothing new under the Hollywood sun, I am unsurprised to see this reboot of the MIB franchise, but since it stars Chris Hemsworth and Tessa Thompson (aka Thor and Valkyrie) and was directed by F. Gary Gray (Straight Outta Compton), I'm not mad at it. It's not like the first three MIB films were cinematic masterpieces. ★★★ (PG-13 • 2 hrs.)

Non-Fiction: Cultural commentary and lively comedy collide in this sparkling film starring Juliette Binoche and Guillaume Canet as French sophisticates who have heavy conversations while indulging in a little light adultery as they deal with the fallout from an author who leans a little too heavily on his real-life experiences to craft his works of fiction. ★★★★★ (R • 1 hr. 46 min.)

Pokémon: Detective Pikachu: If you're not into Pokémon, you may find yourself lost very early on in this live-action/animated hybrid starring Ryan Reynolds in diet Deadpool mode as Detective Pikachu. Light on plot, heavy on eye candy and just fine for kids. ★★★ (PG • 1 hr. 44 min.)

Rocketman: This biopic charts Elton John's rise from small-town piano prodigy to groundbreaking international superstar with all of the big-hearted campiness and surprising profundity of the artist himself. Plus, it's got a killer soundtrack. ★★★★★ (R • 2 hrs. 1 min.)

The Secret Life of Pets 2: This sequel is pretty much a retouching of the first installment of this animated series, but since it's a movie made for kids, who really cares? They love to watch the same things over and over again. ★★★ (PG • 1 hr. 26 min.)

Shaft: The black private dick who is a sex machine to all the chicks is back and is evidently "more Shaft than you can handle." Since the amount of Shaft I wish to handle tops out at zero, a truer statement was never uttered. ★★ (R • 1 hr. 51 min.)

Showtimes

© Regal and AMC theaters, please see www.fandango.com.
© Pickford Film Center and PFC's Limelight Cinema, please see www.pickfordfilmcenter.com
THEMELESS PLUG

ACROSS
1 Success story focus, maybe
12 Catered to?
15 Stat that may figure into a walking itinerary
16 Bambi’s aunt (in the book)
17 She played Edith Bunker in 2019
18 Music game with a floor pad, for short
19 “48___” (Nick Nolte film)
20 Like the works of Sappho
22 Brazilian ji-___
23 Gregarious beginning?
24 Most down
25 “Passages” author Sheehy
26 Charlotte or Gabrielle, in Broadway’s “Cinderella”
27 First option
28 Gregarious beginning?
29 Measuring cup marks, for short
30 Frilly underskirts
31 She played Romy Conned person’s revelation
32 Like the works of Sappho
33 Aunt, in Asuncion
34 “Why?”
35 Radius neighbor
36 Aunt, in Asuncion
37 First option
38 Is down with
39 Measuring cup marks, for short
40 Frilly underskirts
41 She played Romy Conned person’s revelation
42 Like the works of Sappho
43 Aunt, in Asuncion
44 She played Romy Conned person’s revelation
45 Act Congress met
46 “Starry Night” setting
47 Gavin of “The Love Boat”
48 Calendar divs.
49 Theta preceder
50 State with the shortest motto (“Hope”)
51 “___ blu, dipinto di blu” (“Volare” alternate title)
52 “Bake him away, toys” speaker
53 Packers’ pts.
54 Moldable, squishy material in some ASMR videos
55 Longstocking of kids’ books
56 Alp. e.g.
57 ___-_Unis
58 Clear message to
59 “Oregon, for one
60 TV lawyer Goodman
61 It still holds up
62 Boat propeller
63 Gardasil maker
64 “___ Mark!” (line from “The Room” in memes)
65 “___ the Pigeon” (“Sesame Street” song)
66 It’s perpendicular to the warp
67 Fuzzy fruit
68 Kaitlin’s “It’s Always Sunny…” role
69 Some smartphones
70 Turkish title
71 Dentist’s deg.

DOWN
1 Late comedian Kinison
2 TV actor Longoria
3 The Once-___ (“The Lorax” narrator)
4 Part of WTF?
5 Woven compositions?
6 Petri dish substance
7 First option
8 ___-_Unis
9 “Rent” heroine
10 Final answer?
11 Roan answer
12 NYC historical site where the Stamp Act Congress met
13 Finished like the 2019 Scripps National Spelling Bee
14 What the “cool” smiling face emoji wears
15 Marinara brand
16 “Hold on!”
17 Cowed
18 Dramatic performances, quaintly
19 Maple syrup, essentially
20 Longstocking of kids’ books
21 Alt. e.g.
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71 Dentist’s deg.
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FREE WILL ASTROLOGY

ARIES (March 21-April 19): We may not have to travel to other planets to find alien life. Instead of launching expensive missions to other planets, we could look for exotic creatures here on earth. Astrobiologist Mary Beth Wilhelm is doing just that. Her search has taken her to Chile’s Atacama Desert, whose terrain has resonances to Mars. She’s looking for organisms like those that might have once thrived on the Red Planet. In accordance with astrological omens, I invite you to use this idea as a metaphor for your own life. Consider the possibility that you’ve been looking far and wide for an answer or resource that is actually close at hand.

TAURUS (April 20-May 20): Philosopher Martin Buber believed that some stories have the power to heal. That’s why he said we should actively seek out stories that have the power to heal. Buber’s disabled grandfather had been a bear about an adored teacher who loved to dance. As the grandfather told the story, he got so excited that he rose from his chair to imitate the teacher, and suddenly began to hop and dance around in the way his teacher did. From that time on, the grandfather was cured of his disability. What I wish for you in the coming weeks is that you will find stories like that.

GEMINI (May 21-June 20): In the 1960s, Gemini musician Brian Wilson began writing and recording best-selling songs with his band the Beach Boys. A seminal moment in his development happened while he was listening to his car radio in August 1963. A tune he had never heard before came on: “Be My Baby” by the Ronettes. Wilson was so excited he pulled over onto the shoulder of the road and stopped driving so he could devote his full attention to what he considered a shockingly beautiful work of art. “I started analyzing all the guitars, pianos, bass, drums, and percussion,” he told The New York Times. “Once I get all those learned, I knew how to produce records.” I suspect a pivotal moment like this could unfold for you in the coming weeks, Gemini. Be alert!

CANCER (June 21-July 22): In the coming weeks, Libra — a criticism that doesn’t squelch enthusiasm and punish mistakes, but instead champions the life spirit and helps it ripen.

SCORPION (Oct. 23-Nov. 21): Help may be hovering nearby, but in an unrecognizable guise. Rumpled but rich opportunities will appear at the peripheries, though you may not immediately recognize their value. A mess that you might prefer to avoid looking at could be harboring a very healthy kind of trouble. My advice to you, therefore, is to drop your expectations. Be receptive to possibilities that have not been on your radar. Be willing to learn lessons you have neglected or disdained in the past.

SAGITTARIUS (Nov. 22-Dec. 21): As much as I love logic and champion rational thinking, I’m granting you a temporary exemption from their supremacy. To understand what’s transpiring in the coming weeks, and to respond with intelligence, you will have to transcend logic and reason. They will simply not be sufficient guides as you wrestle and dance with the Great Riddle that will be visiting. You will need to unleash the full power of your intuition. You must harness the wisdom of your body, and the informa-

tion it reveals to you via physical sensations. You will benefit from remembering at least some of your nightly dreams, and inviting them to play on your consciousness throughout the day.

CAPRICORN (Dec. 22-Jan. 19): For the sake of your emotional and spiritual health, you may need to temporarily withdraw or retreat from one or more of your alliances. But I recommend that you don’t do anything drastic or dramatic. Retreat from harsh words and sudden breaks. For now, seal yourself away from influences that are stirring up confusion so you can concentrate on reconnecting with your own deepest truths. Once you’ve done that for a while, you’ll be primed to find helpful clues about where to go next in managing your alliances.

AQUARIUS (Jan. 20-Feb. 18): I’ve got a list of dos and don’ts for you. Do play and have fun more than usual. But don’t indulge in impromptu commitments and infantile emotions that interfere with your ability to see the world as it really is. Do take aggressive action to heal any sense of abandonment you’re still carrying from the old days. But don’t poison yourself with feelings of blame toward the people who abandoned you. Do unleash wild flights of fantasy and marvelous speculations about seemingly impossible futures that maybe aren’t so impossible. But don’t get so fixated on wild fantasies and marvelous specula-
tions that you neglect to embrace the subtle joys that are actually available to you right now.

PISCES (Feb. 19-March 20): “At times, so many memories trample my heart that it becomes impossible to know just what I’m feeling and why,” writes Piscean poet Mark Nepo. While that experience is familiar to everyone, it’s especially common for you Pisceans. That’s the bad news. But here’s the good news: in the coming weeks, your heart is unlikely to be trampled by your memories. Hence, you will have an excellent chance to know exactly what you’re feeling and why. The weight of the past will at least partially dissolve and you’ll be freer than usual to understand what’s true for you right now, without having to sort through confusing signals about who you used to be.
THE SCIENCE ADVICE GODDESS

THE PATHOGEN OF LEAST RESISTANCE

I live with my girlfriend, who’s really picky about how clean and tidy the house has to be. God forbid I put a bowl on the dish rack that isn’t perfectly immaculate or leave tiny bits of hair in the sink after I shave. She gets totally grossed out by small things that I don’t think are a big deal. If this stuff is ridiculous, should I really have to abide by her rules? And is this a woman thing? Other girlfriends of mine have been like this, too. —Annoyed

It’s nice when your girlfriend always has your back—but not because she’s constantly two steps behind you with the wet mop.

Research consistently finds that women have far greater “disgust sensitivity” than men—meaning they have a stronger predisposition to experience disgust. Disgust—like Little Pigs, Blind Mice, and Stooges—comes in three forms (per evolutionary psychologist Joshua Tybur): sexual, moral and pathogen.

Sexual disgust leads a person to feel creeped out about having sex with evolutionarily disadvantageous partners (too old, too closely related, or sporting a big pustule that screams STD). Moral disgust leads us to be all “Oh, yuck!” about people who violate moral standards. And finally, there’s the pathogen disgust your girlfriend’s expressing, which protects us from bacteria, viruses and parasites.

Evolutionary psychologist Laith Al-Shawaf and his colleagues call women’s greater disgust sensitivity “puzzling in light of their well-documented immunological superiority.” Though we think of women as more physically fragile than men, they actually have “stronger immune responses,” which offer them “better protection than men from a variety of diseases” and “more vigorous defenses against bacteria, viruses and parasites.”

However, Al-Shawaf and his colleagues have some evolutionarily driven hypotheses—informed guesses—for why women are more easily grossed out: (1.) Women’s bodies are basically the factories where both parents’ genes get passed on to the next generation. (2.) Mothers are also more likely to transmit infections to children. (3.) Women have likewise had a greater role in “keeping children away from pathogens and teaching them effective disease-avoidance principles.” (4.) Ancestral women had a greater role in food cleaning and prep.

The researchers had a couple of hypotheses about men, too—why men evolved to have lower levels of disgust: (1.) It serves men to “to convey immune strength” to attract babies and to “facilitate short-term mating.” (Men’s lowered standards for hygiene, etc., mean a larger pool of potential sex partners! This can be taken too far, as in, on a seriously yuckeroo note, let’s just say it’s typically men, not women, who engage in necrophilia—which is to say, who look at a corpse and see a potential hookup.) (2.) As the hunters and warriors of the species, men need lower levels of disgust “related to blood, injury, and death” lest they be all “Shoot it with an arrow? But it’ll bleed, and I pass out at the sight of blood!”

As interesting as all of this speculation is, for purposes of relationship harmony, the reason your girlfriend is more easily disgusted doesn’t actually matter. Likewise, whether what she wants you to do seems rational isn’t relevant, either—tempting as it might be to adjudicate this on scientific grounds, a la “Is a little encrusted whatever really going to kill us?”

Understanding this is important. A lot of unnecessary relationship conflict comes out of people thinking they need to stand up against beliefs by their partner that they find kind of Cuckoo for Cocoa Puffs. Often—assuming a partner’s beliefs are merely annoying, not endangering—a wiser approach is acting on the principle that the facts matter vastly less than the feelings behind them.

In your situation, for example, what counts is that you’re kind and respectful—meaning that you do your best to remember to clean up, especially in the bathroom and kitchen (major gross-out arenas)—simply because it’s important to your girlfriend. And when you forget—which you’re sure to do—apologize, making sure to validate her feelings: “I know this matters to you. I’ll try to do better.” Hearing that you get where she’s coming from tells her something—that she doesn’t need to keep fighting to make you understand.

There’s that saying, “Would you rather be right or be happy?” The truth is, you can be both. Just because we ladies go “Uh-huh, whatever” about the microscopic germs reportedly living on our smartphones doesn’t mean we can be all “No probski!” about the retirement community for bacteria we picture on that dirty soup bowl on the dish rack.
**THE DEAD DON’T DIE**
*(R) 103m, In English*
- In the sleepy small town of Centerville, something is not quite right. The moon hangs low, the hours of daylight are unpredictable, and animals are acting unusual. Enter the greatest zombie cast ever disassembled starring Bill Murray, Adam Driver, Tilda Swinton, Chloë Sevigny, Steve Buscemi, Danny Glover, Rosie Perez, Iggy Pop, RZA, Selena Gomez, Carol Kane.

Fri & Sat: (2:45), 5:15, 7:45, 10:15; Sun: (12:15), (2:45), 5:15, 7:45
Mon: (3:15), 6:00, 8:15; Tue: (3:15), 8:30
Wed: (1:00) - OCAP, (3:15), 6:00 - OCAP, 8:15; Thu: (3:15), 8:15

**THE BIGGEST LITTLE FARM**
*(PG) 91m, In English*
- A testament to the immense complexity of nature.

Fri: (3:45), 6:00, 8:15, 10:30; Sat: (1:30), 3:45, 6:00, 8:15, 10:30
Sun: (2:45), 5:00, 7:15; Mon: (3:45), 8:30; Tue: (3:45), 6:00, 8:30
Wed: (1:00), (3:45), 8:30; Thu: (3:45), 6:00, 8:30

**MAD MAX: FURY ROAD**
- Rocket Sci-Fi Matinees *(R) 120m, In English*
Sat: (Noon) - Tickets are only $3, introduction by Steve Meyers

**THE AUDIENCE**
*(NR) 175m, In English*
- Starring Helen Mirren
Sun: 11:00AM - Tickets: $16 PFC Members, $20 General, $10 Students

**PARIS TO PITTSBURGH**
*(NR) 77m, In English*
- Mon: 5:45 - Tickets are free, available at the box office only

**THE BIKES OF WRATH**
*(NR) 106m, In English*
- Five Australians cycle from Oklahoma to California in honor of the westward migration in *The Grapes of Wrath*
Tue: 5:45

**CARMINE STREET GUITARS**
*(NR) 80m, In English*
- Wed: 5:45 - The legendary Greenwich Village guitar shop resists gentrification

**THE RIVER AND THE WALL**
*(NR) 97m, In English*
- Thu: 5:45 - Journey along the US-Mexico border from El Paso to the Gulf of Mexico

**NON-FICTION (Doubles vies)**
*(R) 108m, In French w/ English subtitles*
- Juliette Binoche and Guillaume Canet reunite with acclaimed director Olivier Assayas for this wry, slyly seductive tale of sex, lies, and literature.
Fri: (3:30), 6:00, 8:30; Sat & Sun: (1:00), 6:00, 8:30
Mon - Thu: (3:30), 6:00, 8:30

**THE CHAPERONE**
*(NR) 108m, In English*
- from the creator of Downtown Abbey!
Louise Brooks is a rebellious 15-year-old schoolgirl who dreams of fame and fortune in the early 1920s. She soon gets her chance when she travels to New York to study with a leading dance troupe for the summer, accompanied by a watchful chaperone (Downtown Abbey’s Elizabeth McGovern.)
Sat & Sun: 3:30

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**RearEnd **
**COMIX + SUDOKU**

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**Pepper Sisters**
*Flavors of New Mexico*

**Pickford Film Center**

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**Now Playing**
Fri, June 14 - Thu, June 20

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**Flavors of New Mexico**

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**Call to Action**

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**Lily Elkjaer Giesecke**

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**Pepper Sisters**
Serving Dinner Tuesday - Sunday
Happy hour Tuesday - Thursday

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**B-Board**

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**Food**

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**Comix + Sudoku**

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**THE CHAPERONE**
*(NR) 108m, In English*
- the creator of Downtown Abbey!
Louise Brooks is a rebellious 15-year-old schoolgirl who dreams of fame and fortune in the early 1920s. She soon gets her chance when she travels to New York to study with a leading dance troupe for the summer, accompanied by a watchful chaperone (Downtown Abbey’s Elizabeth McGovern.)
Sat & Sun: 3:30
**SUDOKU**

**INSTRUCTIONS:** Arrange the digits 1-9 so that each digit occurs once in each row, once in each column, and once in each box.

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 2 9 7  6
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 6 7
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 3 5
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 4 7 8  1
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**Jen Sorensen SLOWPOKE**

**Base-less Strategy**

WELCOME, FELLOW DEMOCRATS! HERE'S HOW WE'RE GOING TO WIN IN 2020.

**First, No Climate Debate!** Swing voters might get scared off.

**And Any Candidate Who Participates in a Climate Debate Will Be Punished.**

**We Can't Investigate Trump Too Hard. Some Might View That as Divisive.**

**And Let's Not Be Overly Pro-Choice, Especially Now That Roe's Doomed Anyway. Too Risky!**

**I'm a Swing Voter, and I'm Convinced!**

**Yes! Our Strategy Is Working!**

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Berry Blast
THE FRUITS OF SUMMER

As the summer unfolds, they will be followed by cherries, apricots, raspberries, peaches, blueberries, grapes, apples, pears and plums. The plants that bear these colorful spheroids of seeded fructose are found in many places, public and private. Acquiring the fruit takes creativity, and can sometimes push the limits of your comfort zone. A crop of apricots neglected on a neighbor’s tree can often be gleaned for a knock and the polite asking. Farmers packing away their leftovers at the end of market might be ready to make a deal (such arrangements have been known to lead to offers to pick trees clean). There are feral or abandoned orchards, U-pick farms, and even grocery stores—after all, when fruit is in season it’s usually cheap, so you don’t have to fall out of a tree or get shot for trespassing just to get some.

That said, the harvest is not going to come to you. Get that fruit before the birds and bugs get it, before it ends up in the compost pile or the dumpster, and before it drops to the ground. If it does drop, pick up the good ones.

When I preserve the bounty of summer, be it fruit, vegetable, berry or root, I usually choose the simplest path to quickly and efficiently stabilize the product. I’m trying to pack away as much food as I can, and I don’t often want to mess around with recipes that slow me down. I do have some specialty preparations I’ve grown to depend on over the years, like pickled peppers, salsa, ketchup and stacks of frozen plum tortes. But while I appreciate a jar of apricot chutney as much as anyone, I prefer to just put them in jars and figure it out later.

For cherries and strawberries, I have two methods: freezing them whole—the easiest—and making a simple preparation I call fruit-in-jars.

To freeze them whole, just clean, dry and (if applicable) pit the fruit, pack them gently in a jar or bag, with as little air inside as possible, and freeze. That’s it. They won’t last as long as a Twinkie, but up to a year with no significant deterioration. Fruit-in-jars is more involved. The process is similar to making jam, but I prefer it because it’s simpler, and more importantly because jam requires pectin, a polysaccharide usually derived from apple peel that’s available in powder form. Pectin is what thickens jam, but only if you add sugar, which makes the pectin congeal. Adding sugar to fruit is unhealthy and absurd, and since I’m not a bread person I have little use for jam.

All the jam-spreaders out there, who likely comprise a majority of the general populace, should take note that there is a type of pectin, called Pomona’s Pectin, that’s designed for low-sugar or no-sugar jam. The recipes that come with it call for juice, like apple or pineapple, in place of sugar.

That’s all I’m going to say about jam, because I skip the sugar, juice and pectin entirely. I simply cook the cleaned, pitted and perhaps chopped fruit in a pot, preferably heavy-bottomed, in a little bit of water with the lid on. The resulting fruit-in-jars can be resurrected in the dead of winter as practically anything you want, including jam.

I leave the cherries and strawberries whole. The sauce between fruit chunks thickens as it cooks. Add water as necessary to keep the fruit covered. The longer you cook it, the thicker the resulting mush will be.

If I’m doing this with apricots, and sometimes peaches, I let the fruit cool after it’s been cooked down, and then purée it in a blender or food processor into a thick juice before canning.

Fruit-in-jars can be frozen or canned. If you have the freezer space, your best bet is to freeze the jars, filled three-fourths full to allow for expansion. That’s the quickest, easiest option. And since freezers work harder when they’re not full, you’re saving both energy and your freezer’s life by taking this route. This is especially applicable in early summer, when freezers tend to be at their emptiest.

If you don’t have freezer space, canning the fruit is your best option. Low-acid fruits such as apples, pears and plums will need to be pressure-canned, while the tarter fruits can hold off spoilage with their acid content, and only need a simple water-bath.

To properly handle all of the fruit that’s coming, you need a trusted source that gives the proper processing times and techniques for each fruit, and tells you which ones need pressure, and how much.

A county or university extension service is a good source of information on processing fruit. Online, the National Center for Home Food Preservation has canning times for fruit at every elevation.

Experiment with different preparations. Figure out which storage forms you prefer. Each year you’ll get better at squirreling away the fruits of summer.
WED., JUNE 12
WEDNESDAY MARKET: Attend the Bellingham Farmers Market’s Wednesday Market from 2pm-6pm at the Barclay Village Green, 2215 Rimland Dr. The midweek market continues through September. www.bellinghamfarmers.org

SEDRO MARKET: The Sedro-Woolley Farmers Market takes place from 3pm-7pm at Hammer Heritage Square, 200 Metcalf St. Vendors will offer a selection of produce, crafts and more through September. www.sedrowoolleyfarmersmarket.com

BREWERS CRUISE: “Bellingham Bay BREWers Cruise” features liquid fare from Boundary Bay Brewery and two other local or regional breweries at 6:30pm at San Juan Cruises’ dock at the Bellingham Cruise Terminal, 355 Harris Ave. Entry is $39 and includes snacks; additional cruises happen Wednesdays through Sept. 18. www.whales.com

THURS., JUNE 13
SANDWICH SALE: To thank the community for 12 years of operations, Old World Deli will offer $6 sandwiches from 12am-4pm at their headquarters at 1228 N. State St. (Some restrictions apply.) www.oldworlddeli.com

BOW FARMERS MARKET: The Bow Farmers Market opens today from 3pm-6pm at Samish Bay Cheese, 15115 Bow Hill Rd. The market will be in operation every Thursday through Sept. 13. www.bowlittlemarket.com

FRI., JUNE 14
SALMON DINNER SAIL: Combine your tastes for adventure and delicious food when the three-hour “Bellingham Bay Salmon Dinner Sail” continues this week aboard the Schooner Zodiac leaving at 6pm from the Bellingham Cruise Terminal, 355 Harris Ave. Tickets are $59 for kids and $79 for adults. www.schoonerzodiac.com

CONCRETE MARKET: Fresh food, arts and crafts, and live music are part of the Concrete Saturday Market happening from 9am-3pm weekly through Labor Day weekend at the Concrete Community Center, 45821 Railroad St. www.concretesaturdaymarket.weebly.com

SAT., JUNE 15
PANCAKE BREAKFAST: Choose from pancakes, French toast, or biscuits and gravy at a Pancake Breakfast taking place from 8am-11am at the Ferndale Senior Center, 1999 Cherry St. Entry is $2.50 for kids and $6 for adults and includes scrambled egg, ham or sausage, and beverages. www.ferndaleseniorcenter.org

MOUNT VERNON MARKET: Attend the Mount Vernon Farmers Market from 9am-2pm Saturdays through Oct. 12 at the city’s Riverwalk Park, 509 S. Main St. The market supports local farmers and growers in a family-friendly environment that offers fresh, healthy food including locally grown produce and baked goods. www.mountvernonfarmersmarket.org

ANACORTES MARKET: Find fresh produce and much more at the 30th season of the Anacortes Farmers Market happening from 9am-2pm Saturdays through Oct. 26 at the Depot Arts Center, 611 R Ave. www.anacortesfarmersmarket.org

LYNDEEN MARKET: Local farmers and artisans will sell their edible and creative wares at the Lynden Farmers Market from 9am-2pm every Saturday through Sept. 28 at Centennial Park, 319 Grover St. www.lyndenfarmersmarket.com

TWIN SISTERS MARKET: Affordable, Whatcom County-grown produce can be procured at the Twin Sisters Farmers Market from 9am-3pm at the IGA parking lot on Nugent’s Corner, and 10am-2pm in Maple Falls at the North Fork Library, 7506 Kendall Rd. The markets continue Saturdays through October. www.twinsistersmarket.com

SALTED-COD FRITTERS will me on the menu when Sarah Chan leads a “Calypso Kitchen: Caribbean Creole Home Cooking” course Wed., June 19 at the Community Food Co-op.

Meet Your Farmer: Talk to the farmers who grow and produce food locally at a “Meet Your Farmer: Berries” event happening from 2pm-5pm at Twin Sisters Brewing Company, 500 Carolina St. At the family-friendly gathering, you can sample products, sign up to win raffle prizes, and learn more about local farming in Whatcom County. Additional events happen July 6 (meat and seafood), July 27 (dairy), and Aug. 26 (fruits at vegetables; held at BelloWood Farms). Entry is free and open to the public. www.whatcomfarmers.org

SUN., JUNE 16
COMMUNITY BREAKFAST: Eggs to order, omelets, hash browns, biscuits and gravy, pancakes, French toast and more can be had at a monthly Community Breakfast happening from 8am-11am in Sedro-Woolley at American Legion Post #43, 701 Murdock St. Entry is $5 for kids, $7 for adults. www.sedrowoolley.com

TUES., JUNE 18
COOK AND BOOK: Students in grades 4-7 can meet up for cooking and book-related fun at a monthly “Cook It and Book It” gathering from 3:30pm-5pm at the Lynden Library, 216 4th St. If whipping up something tasty to eat and talking about books interests your kids, have them check it out. (360) 354-4883

FOOD PRESERVATION: Learn how to safely can, freeze, dehydrate, and ferment your favorite foods to increase nutrition throughout the year at a Food Preservation Series with Jennie Goforth starting tonight with “Water Bath Canning” from 6:30pm-8pm at the Community Food Co-op, 1220 N. Forest St. Additional classes happen June 25 (Pressure Canning), July 2 (Pickling and Fermentation), and July 9 (Freezing, Drying, and Root Cellaring). Entry is $29 per class or $99 for the series. www.whatcommunityed.com

WED., JUNE 19
CALYPSO KITCHEN: Sarah Chan leads a “Calypso Kitchen: Caribbean Creole Home Cooking” course from 6:30pm-9:30pm at the Community Food Co-op, 1220 N. Forest St. The night’s menu will include savory coconut rice, salted-cod fritters (salted-cod fritters) and mango sauce; green banana salad; oxtail stew; and coconut red beans and rice. Fees are $45. www.whatcommunityed.com

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